

September 2026 Romeoville Cruisers M/W/F

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Fall Notes: Bring water every day along w/ a change of clothes for backup

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Cooking Day • Morning physical fitness • Games and activities • Homemade yogurt/fruit ice pops Lunch: Chicken breast sandwiches/sides	3	4 PARC • Walking track • Dress for working out • Eat the ice pop treats we made Lunch: bring sack lunch	5
6	7 NO PROGRAM	8	9 NO PROGRAM	10	11 NO PROGRAM	12
13	14 Carol Stream Library • Relaxing day at the library • Take stroll in their backyard • Outdoor lunch with friends Lunch: bring sack lunch	15	16 Round 1 • Morning stretches • Mystery activity at Round 1 • Eat at food court (optional \$\$) Lunch: Sack lunch or \$\$ for FC	17	18 Volunteer/Activities • Help with Tootsie Roll Drive • Mystery activity • Mystery treat Lunch: bring sack lunch	19
20	21 Jonamac Orchard • Apple picking • Country store (optional \$\$) • Leaving at *9am Lunch: bring sack lunch	22	23 The Raupp Museum • Learn heritage of Buffalo Grove • 1890's farm replica/General store • Milk a replica dairy cow Lunch: bring sack lunch	24	25 Go to the Movies • Vote on a picture to go see • Morning activities & games • Optional \$\$ for concessions Lunch: Bring sack lunch	26
27	28 Bowling • Morning group activities • Bowling with friends • Afternoon (vote on activity) Lunch: bring sack lunch	29	30 Lunch out with Friends • Vote (where to eat) • Mystery shopping • Shopping (optional \$\$ to spend) Lunch: lunch TBA		2 Dollinger's Farm • Corn silo, farm animals, activities • Dress for the weather • Country store (optional \$\$) Lunch: bring sack lunch	