

February 2026 Plainfield Cruisers 1 T/W/Th

Phone: 815-552-9782 Email: CruisersPlainfield@nwcsra.org

Note: Bring water & change of clothes each day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Museum Crawl <ul style="list-style-type: none">• Isle a la Cache Museum• Illinois Rock & Roll Museum Lunch: Cafe Romeo	4 Mind & Body <ul style="list-style-type: none">• Morning meditation• Sensory room• Games Lunch: Pack lunch	5 Library Day <ul style="list-style-type: none">• Gail Borden Library• Cafe treat (bring \$- optional)• Look at exhibits Lunch: Pack lunch	6	7
8	9	10 PARC <ul style="list-style-type: none">• Stretch & Fitness• Walk the track• Wear comfy clothes Lunch: Pack lunch	11 Heart Day <ul style="list-style-type: none">• Make Valentine's Day craft• Watch movie• Bake Cookies Lunch: Pack lunch	12 Valentine's Day Party <ul style="list-style-type: none">• Games• Craft Zumba with Danielle Lunch: Pack lunch	13	14
15	16	17 Fat Tuesday <ul style="list-style-type: none">• Take a virtual tour• Make masks/necklaces• Walmart shopping/Paczki Lunch: Popeye's lunch	18 Explore our Senses <ul style="list-style-type: none">• Five senses activity• Taste (sour, sweet, Salty)• Smell (guess the smell)• Touch (soft, hard, wet) Lunch: Pack lunch	19 Mind & Body <ul style="list-style-type: none">• Trivia• Puzzles Sensory room Lunch: Pack lunch	20	21
22	23	24 Museum Day <ul style="list-style-type: none">• Museum of Science & Industry• Visit exhibits Lunch: Pack lunch	25 Cooking/Game Day <ul style="list-style-type: none">• Play games• Prepare lunch• Watch Cloudy with a Chance of Meatballs Lunch: Spaghetti & Meatballs	26 Bowling <ul style="list-style-type: none">• Bowling• Board games• Make popcorn balls Lunch: Pack lunch	27	28

