

# February 2026 Plainfield Cruisers 1 T/W/Th

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Note: Bring water & change of clothes each day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3 Museum Crawl</b> <ul style="list-style-type: none"> <li>• Isle a la Cache Museum</li> <li>• Illinois Rock &amp; Roll Museum</li> </ul> <b>Lunch:</b> Cafe Romeo	<b>4 Mind &amp; Body</b> <ul style="list-style-type: none"> <li>• Morning meditation</li> <li>• Sensory room</li> <li>• Games</li> </ul> <b>Lunch:</b> Pack lunch	<b>5 Library Day</b> <ul style="list-style-type: none"> <li>• Gail Borden Library</li> <li>• Cafe treat (bring \$- optional)</li> <li>• Look at exhibits</li> </ul> <b>Lunch:</b> Pack lunch	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10 PARC</b> <ul style="list-style-type: none"> <li>• Stretch &amp; Fitness</li> <li>• Walk the track</li> <li>• Wear comfy clothes</li> </ul> <b>Lunch:</b> Pack lunch	<b>11 Heart Day</b> <ul style="list-style-type: none"> <li>• Make Valentine's Day craft</li> <li>• Watch movie</li> <li>• Bake Cookies</li> </ul> <b>Lunch:</b> Pack lunch	<b>12 Valentine's Day Party</b> <ul style="list-style-type: none"> <li>• Games</li> <li>• <b>Craft</b> Zumba with Danielle</li> </ul> <b>Lunch:</b> Pack lunch	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17 Fat Tuesday</b> <ul style="list-style-type: none"> <li>• Take a virtual tour</li> <li>• Make masks/necklaces</li> <li>• Walmart shopping/Paczki</li> </ul> <b>Lunch:</b> Popeye's lunch	<b>18 Explore our Senses</b> <ul style="list-style-type: none"> <li>• Five senses activity</li> <li>• Taste (sour, sweet, Salty)</li> <li>• Smell (guess the smell)</li> <li>• Touch (soft, hard, wet)</li> </ul> <b>Lunch:</b> Pack lunch	<b>19 Mind &amp; Body</b> <ul style="list-style-type: none"> <li>• Trivia</li> <li>• Puzzles</li> <li>Sensory room</li> </ul> <b>Lunch:</b> Pack lunch	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24 Museum Day</b> <ul style="list-style-type: none"> <li>• Museum of Science &amp; Industry</li> <li>• Visit exhibits</li> </ul> <b>Lunch:</b> Pack lunch	<b>25 Cooking/Game Day</b> <ul style="list-style-type: none"> <li>• Play games</li> <li>• Prepare lunch</li> <li>• Watch Cloudy with a Chance of Meatballs</li> </ul> <b>Lunch:</b> Spaghetti & Meatballs	<b>26 Bowling</b> <ul style="list-style-type: none"> <li>• Bowling</li> <li>• Board games</li> <li>• Make popcorn balls</li> </ul> <b>Lunch:</b> Pack lunch	<b>27</b>	<b>28</b>

