

Northern Will County Special Recreation Association

Adult Day Program 2026

10 MONTROSE DRIVE, ROMEOVILLE, IL 60446 • 815-407-1819 • WWW.NWCSRA.ORG



SERVING INDIVIDUALS WITH DISABILITIES



Program Information

NWCSRA's Adult Day Program is designed to meet the needs of adults with disabilities 21 years and older that are no longer serviced through the school district. Year-round social and recreational activities are provided to enhance participants' quality of life. The program focuses on positive peer interactions, community integration, leisure independence and basic life skills. Weekly activities include cooking, shopping, arts & crafts, games, field trips, service projects and more!

To best meet the needs of families and participants, NWCSRA offers a variety of program options with specific participant requirements. The program coordinator will assess and determine which program best meets the needs of each individual interested in the day program. For current families, placement is based on previous program participation, staff feedback and observations.

NWCSRA welcomes new participants! Please visit the Adult Day Program page on NWCSRA's website to complete an Adult Day Program Interest form and return the completed form to the Program Coordinator for review.



For more information or to schedule a tour contact Program Coordinator Terry Bryant: 815-552-9770 or tbryant@nwcsra.org.

Registration

Current Participants:

Wednesday, Dec. 3 - Wednesday, Dec. 10, 2025

Waitlist Participants:

Wednesday, Dec. 17 - Tuesday, Dec. 30, 2025

Locations

Northern Will County Special Recreation Association (NWCSRA)
10 Montrose Drive, Romeoville

Plainfield Township Community Center (PTCC)
15014 Des Plaines Street, Plainfield

Annerino Community Center (ACC)
201 Recreation Drive, Bolingbrook

2026 Dates

Start: Monday, January 12

End: Friday, December 18

No Program

Spring Break: Monday, March 30–Friday, April 3

Memorial Day: Monday, May 25–Friday, May 29

Fourth of July Break: Thursday, July 2–Friday, July 3

Labor Day: Monday, Sept. 7–Friday, Sept. 11

Thanksgiving: Thursday, Nov. 26–Friday, Nov. 27

In-Service Staff Training: July 1 & October 14

How To Register

1. Complete paperwork. Call or email Terry at 815-552-9770 or tbryant.nwcsra.org for an appointment.
2. Arrive at appointment with completed paperwork and first month's payment to finalize registration and create a payment plan.
3. A receipt will be emailed after the appointment. Check your inbox or spam/junk folder to confirm your payment.

Cancellation Procedure

NWCSRA requires any day program cancellations in writing and sent to the day program coordinator by the second Friday of the month, in order to receive a full refund for any upcoming months. If cancellation is not in writing or is made after the second Friday of the month, a refund is not guaranteed and the family will be responsible for payment for the upcoming month.

Annual Information Form

The form provides staff with valuable information which allows NWCSRA to conduct its activities in the safest possible manner and to meet the needs of participants. Update your AIF at any time (e.g. changes in medication, behavior, seizure, contact information). All information is strictly confidential and used to enhance successful participation.

Scholarships

NWCSRA and its member agencies are committed to providing all residents the opportunity to participate in NWCSRA programs. A scholarship fund has been developed to assist individuals who may be experiencing financial difficulty. Scholarships must be requested online by completing the ADP Scholarship Request Form. Scholarships must be requested and approved before registration.

Adult Day Program Offerings

Adults Living Large

Adults Living Large (ALL) programs serves individuals meeting 1:4 eligibility requirements. **Fees listed are per month.**

Bolingbrook Half Day

This new program combines in-house activities such as creative crafts, culinary corner, global adventures, current conversations and mind & body wellness. Pick up a new skill, socialize with friends and have fun. Choose either or both options.

Location	Days	Times	Res/NR Fee
ACC	M/F	9:00am-11:30 am	\$168/252
ACC	M/F	12:30pm-3:00pm	\$168/252

Site Phone: 815-552-9783 Calls Only

Romeoville Full Day

This full-day program focuses on in-house activities like cooking, mind & body wellness, sensory room sessions and arts & crafts with community outings a few times each month.

Location	Days	Times	Res/NR Fee
NWCSRA	Tu/Th	9:00am-3:00pm	\$392/\$588

Site Phone: 815-552-9781 Calls Only

Community Cruisers 1

Community Crusiers 1 programs serves individuals meeting 1:4 eligibility requirements. This full-day program will spend the majority of the time in the community with a few in-house days each month. **Fees listed are per month.**

Bolingbrook

Location	Days	Times	Fee
ACC	Tu/W/Th	9:00am-3:00pm	\$588/ \$882

Phone: 815-552-9783 Calls Only

Plainfield

Location	Days	Times	Fee
PTCC	Tu/W/Th	9:00am-3:00pm	\$588/ \$882

Phone: 815-552-9782 Calls Only

Romeoville

Location	Days	Times	Fee
NWCSRA	M/W/F	9:00am-3:00pm	\$588/ \$882

Phone: 815-552-9781 Calls Only

Community Cruisers 2

Community Cruisers 2 serves individuals meeting 1:6 eligibility requirements. This full-day program will almost exclusively be in the community with in-house days a few times each month. **Fees listed are per month.**

Plainfield

Location	Days	Times	Res/NR Fee
PTCC	Tu/W/Th	9:00am-3:00pm	\$612/\$918

Site Phone: 815- 552-9782 Calls Only

Bulldogs

Bulldogs serves individuals meeting 1:2 eligibility requirements. This full day program stays mostly in-house with cooking days, sensory room sessions, fitness & wellness as well as few community outings each month. **Fees listed are per month.**

Romeoville

Location	Days	Times	Res/NR Fee
NWCSRA	M/W/F	9:00am-3:00pm	\$588/\$882

Site Phone: 815-552-9784 Calls Only

Before and After Care

Before and after care are unstructured free time. Games and activities will be available to the participants. Participants may bring a snack and drink to have during before and/or after care. Minimum enrollment must be met for program to run. **Pick-a-day option, fees listed are monthly per chosen day.**

Romeoville - NWCSRA

Type	Days	Times	Res/NR Fee
Before	M/Tu/W/Th/F	8:00-9:00am	\$50/\$75
After	M/Tu/W/Th/F	3:00-4:30pm	\$70/\$105

Site Phone: 815-552-9781 Calls Only

Plainfield - PTCC

Type	Days	Times	Res/NR Fee
Before	Tu/W/Th	8:00-9:00am	\$50/\$75

Site Phone: 815- 552-9782 Calls Only

Eligibility Requirements

General Eligibility Requirements for Adult Day Program

- 21 years or older
- Convey needs using various forms of communication
- Follow NWCSRA's Behavior Expectations listed on page 7
- Be redirected or de-escalated in an appropriate time frame

1 Team Member to 2 Participant Ratio (Bulldogs)

Participants must be able to:

Personal Responsibility & Participation

- Engage in a variety of planned activities, both at the facility and in the community, with **moderate assistance** from staff.
- Transition between activities with minimal disruption and **moderate assistance** from staff.
- Follow **simple directions** with visual or verbal prompting.

Social Interactions & Respect

- Demonstrate the ability to interact appropriately with peers with **moderate staff facilitation and support** to maximize social interactions.
- Demonstrate the ability to regulate emotions and sensory needs with **moderate assistance from staff** using a variety of strategies.

Safety

- Maintain group pace and remain with the group without eloping.
 - Participate without harming themselves or others.
 - Ride in agency vehicles and remain seated with a seat belt fastened while the vehicle is in motion.
- Note: Harnesses may be used based on an individual plan with families providing a vest.

Self Care

- Recognize the need to use the restroom in a timely manner.
- Perform **most Activities of Daily Living (ADLs)** independently or with **moderate cues from staff** (e.g., toileting, handwashing, dressing, eating).

1 Team Member to 4 Participant Ratio (Adults Living Large & Community Cruisers 1)

Participants must be able to:

Personal Responsibility & Participation

- Engage in a variety of activities (both sedentary and physical) with minimal assistance from staff.
- Responsibly carry and keep track of personal belongings.
- Maintain pace and remain with group
- Adapt to change in plans with minimal disruption to the program and **minimal assistance** from staff.
- Follow directions with minimal prompting with visual or verbal cues.

Social Interaction & Respect

- Use self-regulation strategies when upset, requiring only **minimal staff assistance**.
- Refrain from using personal devices (e.g., cell phones, tablets, or headphones) during program unless used for communication or noise-cancelling purposes.
- Remain actively engaged and participate in planned activities throughout the day with **minimal staff assistance**.
- Demonstrate the ability to interact freely and appropriately with peers with **minimal staff facilitation**.
- Demonstrate flexibility so as not to disrupt the program for peers or others if things do not go as planned

Safety

- Consistently demonstrate safe, respectful behavior toward staff, peers and community members.
- Maintain pace with the group during activities and outings with **minimal assistance**.
- Follow all safety rules and instructions given by staff with **minimal assistance**.
- Participate without harming themselves or others.

Self Care

- Recognize the need to use the restroom in a timely manner.
- Perform **all Activities of Daily Living (ADLs)** independently or with **minimal cues from staff** (e.g., toileting, handwashing, dressing, eating).

Eligibility Requirements & Drop Off/Pick Up Procedures

1 Team Member to 6 Participant Ratio (Community Cruisers 2)

Participants must be able to:

Personal Responsibility & Participation

- Engage in a variety of fast-paced physical activities **independently**.
- Responsibly carry and keep track of personal belongings.
- Follow multi-step directions **independently**.
- Adapt to changes in plans **independently** without disruption to the program.

Social Interactions & Respect

- Appropriately communicate needs and preferences either verbally or nonverbally, requiring only **minimal staff assistance**.
- **Independently** utilize strategies to regulate emotions when upset.
- Refrain from using personal devices (e.g., cell phones, tablets and headphones) during program unless used for communication or noise-cancelling purposes.
- Remain actively engaged and participate in planned activities **independently**.
- Demonstrate the ability to interact freely and appropriately with peers.
- Demonstrate flexibility so as not to disrupt the program for peers or others if things do not go as planned.

Safety

- Consistently demonstrate **safe and respectful behavior** toward staff, peers and community members.
- Maintain pace with the group during all activities.
- **Independently** follow all safety rules and instructions given by staff.
- Participate without harming themselves or others.

Self Care

- **Independently** perform **all Activities of Daily Living (ADLs)** (e.g., toileting, handwashing, dressing, eating).
- **Independently** make decisions with **minimal guidance from staff**.
- Demonstrate appropriate interactions with peers, staff, and community members.

NWCSRA reserves the right to pause participation and reassess if an individual is meeting eligibility requirements along with reassessing accommodation requests.

Dropoff/Pickup Procedures

NWCSRA drop off and pick up procedures are specific to each site and are subject to change.

Participant must have independent wait waiver if using transportation service and be approved by program coordinator.

Romeoville (Adults Living Large, Bulldogs & Community Cruisers 1)

- Drop off and pick up in NWCSRA parking lot.
- Remain in vehicle. Staff will walk participants in and out at the start and end of day.
- Guardians are responsible for communicating the site's procedure with transportation service companies (e.g. PACE and Uber) and notify staff when transportation times may interfere with program.

Before & After Care: Use the back door (facing the shed) and ring the doorbell for drop off and pick up.

Plainfield (Community Cruisers 1 & Community Cruisers 2)

- Drop off and pick up at the door to the north of the main entrance. Do not drop off in front of building.
- Remain in vehicle. Staff will walk participants in and out at the start and end of day. Guardians are responsible for communicating the site's procedure with transportation service companies (e.g. PACE and Uber) and notifying staff when transportation times may interfere with program.

Before & After Care: Follow the same procedures listed above.

Bolingbrook (Adults Living Large & Community Cruisers 1)

- Drop off and pick up at door #6 where gym faces the west side of the building, across from the park.
- Remain in vehicle. Staff will walk participants in and out at the start and end of day.
- Guardians are responsible for communicating the site's procedure with transportation service companies (e.g. PACE and Uber) and notifying staff when transportation times may interfere with program.

Program Guidelines

Attendance Policy

To notify Day Program staff of absences, call the site phone or email by 8:00am or 7:00am for before-care. Leave a message including your name, participant's name and phone number. Please inform the program coordinator of preplanned absences. NWCSRA does not issue credits or refunds for absences.

Dropoff and Pickup Policy

NWCSRA understands unforeseen circumstances occur. Each Day Program site has a phone number guardians can call to inform a team member of their participant's late arrival and/or pickup. Leave a detailed message if staff is unable to answer. Note: Guardians may be responsible for meeting the group at an alternative location when arriving late or picking up early depending on the scheduled activities.

NWCSRA Late Fee Policy:

Fees will be assessed if a guardian is continually late for dropoff or pickup and must be paid prior to participation in future programs. Continued late dropoffs or pickups may result in enrollment in before or after care services or termination of the Day Program.

NWCSRA understands guardians may rely on transportation services (e.g. PACE, Uber, Township). At registration, guardians must inform the program coordinator of approved transportation services. Guardians are responsible for communicating dropoff/pickup procedures and program times to the transportation source. Note: Drop off and pickup policies stated above still apply.

Weather Policy

NWCSRA continually monitors the weather to ensure the best decision when considering to cancel, delay and/or hold programs as scheduled due to inclement weather. When situations arise, NWCSRA staff will call the primary contact listed on the Annual Information Form (AIF). If you do not receive a phone call, the program will occur as scheduled. Credits and/or refunds will not be provided for program cancellations due to weather.

Medication Policy

For staff to dispense prescription medication or over-the-counter medication to a participant during the program, a Medication Distribution Waiver must be completed. All prescription medication must be in its original containers clearly labeled with the participant's name and dosage

instructions including time of day, taken with food, etc.

Over-the-counter medicine, such as Advil, should remain in original container. A team member will keep the medication to dispense during the program. All Medication Distribution Waivers must be provided to the program coordinator at least 24 hours in advance for approval before medication can be dispensed. A Medication Distribution Waiver must be completed before any new medication can be dispensed.

Program Attire

Participants are required to wear closed-toe shoes and program-appropriate as well as weather-appropriate clothing to the program each day. Check the monthly calendar to ensure appropriate attire for the day's activities. If special clothing is required (e.g. pajamas or swimsuit), it will be indicated on the monthly calendar.

Personal Items

NWCSRA understands participants enjoy bringing personal items from home for comfort and/or to show friends. Be advised NWCSRA is not responsible for lost or stolen items. In addition, Day Program staff are not responsible for holding participants' personal items. Participants are encouraged to only bring items needed for that day, such as lunch and a drink. Cell phones are allowed at program; however, cell phones must remain in their bag or pocket during program hours unless permission is given by a team member. When cell phones and/or personal items become an issue, NWCSRA staff will address the situation accordingly.

Program Calendar

A calendar will be handed out during the last week of each month listing the main activities for the following month. The calendar is also located on the Adult Day Program page of NWCSRA's website. Activities may change due to weather or other unforeseen circumstances and efforts will be made to reschedule when possible. NWCSRA team members will do their best to notify guardians of any calendar changes ahead of time.

Lunch

Participants must bring a sack lunch each day unless the group is scheduled to cook or have lunch out per the monthly calendar. If your participant does not like the food being cooked or lunch out options due to personal preference, allergies or beliefs, please send a lunch. The cost of lunch out is included in the program fee unless noted on the calendar. The agency will pay for basic lunch items such as

Program Guidelines



10 Montrose Drive | Romeoville, IL 60446

Phone: (815) 407-1819

Website: www.nwcsra.org

Office Hours: Monday-Friday | 9:00 a.m.-5:00 p.m.

Phone messages left after business hours and weekends will be answered the next business day.

Who We Are

Northern Will County Special Recreation Association (NWCSRA) provides year-round recreation programs and services for children, teens, and adults with disabilities.

NWCSRA represents the partnership between Bolingbrook Park District, Lockport Township Park District, Plainfield Park District and the Village of Romeoville.

Mission Statement

“To provide meaningful recreational opportunities for individuals with disabilities that enhance their overall quality of life.”

NWCSRA reserves the right to pause participation and reassess if an individual is meeting eligibility requirements along with reassessing accommodation requests.

a regular size burger, fry and a drink. Participants may bring money to purchase extra food items. If the participant is unable to communicate their food choice, guardians should write their lunch order on a piece of paper and provide it to staff. Restaurants are listed on the calendar.

Behavior Expectations

NWCSRA encourages and promotes the concept of fun for everyone. Certain rules and guidelines have been established to ensure safety and enjoyment for everyone. Participants, staff, volunteers and parents/guardians are expected to exhibit appropriate behavior at all times. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff. All parties shall:

- Show respect to all participants, staff, volunteers and parents.
- Abstain from using abusive or foul language.
- Refrain from causing bodily harm to others.
- Show respect for equipment, supplies, uniforms and facilities.
- Represent NWCSRA in a manner that is consistent with the goals, objectives and ethics of the association.

Individual behavior plans may be developed on the advice of parents/guardians, staff members or other professionals. NWCSRA reserves the right to pause participation or dismiss any individual if the above procedures are not followed. Each situation will be evaluated individually and on its own merit.

Participant Wellness Guidelines

To prevent the spread of contagious illnesses, participants should not attend programs when any of the following symptoms exist:

- Fever of 100° or higher
- Vomiting or diarrhea within the last 24 hours
- Contagious rash or rash of unknown origin
- Persistent cough and/or cold symptoms
- Pink eye (conjunctivitis) or discharge from the eye
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, coxsackie virus, head lice, mites, ringworm and COVID (coronavirus).
- Runny nose with yellow or green discharge

Notify the NWCSRA office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed. Staff will send participants home if they determine participants are feeling under the weather or are exhibiting any illness symptoms.



2025 Memories

