

# September 2025 Busy Bulldogs MWF

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>NO PROGRAM</b>	2	3 <b>NO PROGRAM</b>	4	5 <b>NO PROGRAM</b>	6
7	8 <b>Bowling</b> Games with friends Sweet Treat  Lunch: Sack Lunch	9	10 <b>Music &amp; Movement</b> Zumba with friends Chick Fil A  Lunch: \$\$ or Sack Lunch	11	12 <b>Cooking Day</b> Shopping Make lunch  Lunch: Protein Bowls	13
14	15 <b>Apple Picking</b> Jonamac Orchard Bring \$\$ for concessions  Lunch: Sack Lunch	16	17 <b>Cooking Day</b> Sensory Room Make lunch  Lunch: Baked Chicken	18	19 <b>Library Day</b> Lunch out: Chili's Reading  Lunch: Provided by NWCSRA	20
21	22 <b>Cooking Day</b> Shopping Make lunch  Lunch: Ceasar Sald Wraps	23	24 <b>Paddle Boat Cruise</b> St. Charles River Boat Tour  Lunch: Sack Lunch	25	26 <b>Bowling</b> Games with friends Sweet Treat  Lunch: Sack Lunch	27
28	29 <b>National Coffee Day</b> Lunch out: Olive Garden Shopping  Lunch: Provided by NWCSRA	30				

Please bring a bottle of water and change of clothes each day.