

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21 Welcome Back Ice Breaker Games Bring an item for Show & Tell Lunch: Pizza	22 Wellness Day Zumba Make Gratitude Journal Play Bingo Lunch: Sack Lunch	23 Mystery Day Lunch: Sack Lunch	24	25
26	27	28 Trending Day Learn Tik Tok Dances Play trending games Lunch: Cooking - Feta Pasta & Salad	29 Chinese New Year Lunar New Year Make Dippin Dots Joiet Library - see Nasa Exhibit Lunch: Panda Express	30 Shedd Aquarium Fish Fish and more fish Bring money for gift shop Lunch: Sack Lunch	31	

Please bring a bottle of water and a change of clothes everyday to program.

Adults Living Large - Plainfield
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