

# APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> <b>Mind &amp; Body</b> Sensory room Chair yoga Walk Lunch: Bring sack lunch	<b>9</b> <b>Karaoke At Round 1</b> Sing to your favorite songs Morning stretches Bring sack lunch / drink(s) or \$\$ for Mc Donalds	<b>10</b> <b>Zumba</b> Wear comfy cloths Exercise with our friends National Siblings Day Bring sack lunch /drink(s)	<b>11</b> <b>Cooking With Friends</b> National Submarine Day Hot drink sampler day Exercise at the park Lunch: Sub sandwiches	<b>12</b> <b>Barlett Nature Center</b> Nature walk Explore the nature center Dress for the weather Lunch: 2Toots Grill	<b>13</b>
<b>14</b>	<b>15</b> <b>1950's Day</b> Games Music Craft Lunch: Burger King	<b>16</b> <b>Hickory Knolls</b> Turtle recovery center Nature Walk Dress for the weather Bring sack lunch / drink(s)	<b>17</b> <b>Potluck Party</b> Balanced Meal Open Gym Sports/Music Lunch: Pot Luck	<b>18</b> <b>Cooking With Friends</b> Craft Compose a group song Lunch: make your own pizza	<b>19</b> <b>Sensory Room</b> Craft / *wear socks Mc Donald's for icecream Bring sack lunch / drink(s)	<b>20</b>
<b>21</b>	<b>22</b> <b>Earth Day</b> Visit Churchill Woods Nature Walk Bird Feeder Lunch: Bring sack lunch	<b>23</b> <b>Strike and Spare II</b> Bowling Exercise in the park Bring sack lunch / drink(s) Making a fun mystery drink	<b>24</b> <b>Law of Nature Center</b> Exploring natural resources of Kendall County Lunch: sack lunch /drink(s) Dessert: at Crusaders	<b>25</b> <b>Cooking With Friends</b> Natl. Zucchini Bread Day Exercise at the park Lunch: zucchini lasagna and flavored iced teas	<b>26</b> <b>Adler Planetarium</b> Leaving at *9am Explore space science Optional \$\$ for gift shop Bring sack lunch / drink(s)	<b>27</b>
<b>28</b>	<b>29</b> <b>Sculpture Park</b> View sculptures Walk trails Lunch: sack lunch or \$\$ for Shake Shack	<b>30</b> <b>Lunch With Friends</b> National Bubble Tea Day Lunch: Panda Express & Vivi Bubble Teas				

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