

# September 2023

Adults Living Large 1 - Romeoville

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4 <b>Labor Day</b> No Day Program NWCSRA Office Closed	5 <b>No Day Program</b>	6 <b>No Day Program</b>	7 <b>No Day Program</b>	8 <b>No Day Program</b>	9
10	11 <b>Comic Book Day</b> Library Create comic Strip <b>Please pack a picnic lunch</b>	12 <b>Cooking Day</b> Art craft Grocery Shop <b>Main: Sub sandwich</b> <b>Side: Potato chips</b> <b>Dessert: chocolate chip cannoli cup</b>	13 <b>Say It's your B-Day</b> <b>Day Program Group Event</b> Play various Games Karaoke Competition <b>Lunch: Pizza</b> <b>Dessert: Cupcakes</b>	14 <b>Morton Arboretum</b> <b>Explore "Of The Earth" ex.</b> Find Exhibit Sculptures Explore Playhouse Garden <b>Please pack a sack lunch</b>	15 <b>Peck Farm</b> Tour House and exhibits Climb Silo Visit butterfly house Community Garden <b>Please pack a sack lunch</b>	16
17	18 <b>Nat'l Cheeseburger Day</b> Trivia Shopping <b>Lunch: Stone City--Classic Burger</b>	19 <b>Progressive Lunch</b> <b>Group Walk (wear comfy shoes)</b> Scavenger Hunt <b>Appetizer: Chips/Salsa/Guac</b> <b>Lunch: Taco bar</b> <b>Dessert: Cookies</b>	20 <b>Cooking Day</b> Bingo Grocery Shop <b>Main: Mini pizza</b> <b>Side: Mozzarella sticks</b> <b>Dessert: Cookies</b>	21 <b>Bowling</b> <b>Suburbanite Bowl</b> Go bowling Art Craft Wii bowling <b>Please pack a lunch</b>	22 <b>Visit Pilsen</b> <i>*Leaving at 9am*</i> <b>Mexican Museum of Art</b> Lunch in the neighborhood <b>*Dress in comfy shoes*</b> <b>Lunch: Los Comales</b>	23
24	25 <b>Cooking Day</b> Shopping Games <b>Lunch: Sloppy Joe tater tot Casserole</b> <b>Dessert: brownies</b>	26 <b>Science Day</b> Create Volcanos Exploding Watermelon Exp. Celebrate Alan's birthday Watch Bill Nye the science guy <b>Lunch: Ihop (kids menu)</b>	27 <b>Karaoke</b> <b>Karaoke at Fox valley</b> Explore the Mall <b>Bring money to shop \$\$</b> <b>Sack Lunch or \$\$ for food court</b>	28 <b>Cooking Day</b> Nature walk to collect leaves Grocery Shop / Leaf Craft <b>M: Chicken wraps &amp; Cheese sticks</b> <b>D: Cinnamon Roll Cookies</b>	29 <b>Elvis</b> Virtual tour of Graceland Make "Elvis" sandwiches <i>*see note below</i> Live Elvis tribute show <b>Please pack a sack lunch</b>	30
		<p>Notes</p> <p><b>For Elvis Day: We will be making peanut butter banana bacon sandwiches with fruit</b> (Each participant will be able to customize their sandwich to their liking and jelly will be available)</p>				