

May 2023

Adults Living Large 1 - Romeoville

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Cooking Day Grocery Shop Mystery Activity Lunch: Chicken Parmesan Pasta Side: Garlic Bread	2 Route 66--Joliet Gemini Giant Historical Museum Rt. 66 Welcome Center Lunch: Polka Dot Diner*	3 Music & Movement Zumba Drumming Lunch with Friends Please pack a sack lunch	4 Cinco De Mayo Make a Tambourine Listen to Latin Music Lunch: Taco Bell Tacos Sides: Chips & Salsa Please bring your own drink	5 Cinco De Mayo Shopping Music and Trivia Lunch: El Burrito Loco Bring money for shopping	6
7	8 Liliacia Park Tulip Walk Suncather Craft Virtual Holland Trip Please pack a sack lunch	9 Lincoln Park Zoo Walk Zoo Animal Scavenger Hunt Please pack a sack lunch Wear day program shirt!	10 Bowling Day Bowling Grocery Shop Mother's Day Craft Lunch: Grilled Cheese Side: Tater Tots	11 Star Wars Day Space Craft Light Saber Battle Star Wars Movies Lunch: Chicken Nuggest Side: French Fries & Chips	12 Isle La Cache Mother's Day Craft Visit Isle La Cache Museum Outside Exhibits and Trails Please pack a sack lunch	13
14 Mother's Day	15 Oakbrook Mall Scavenger Hunt Lunch: California Pizza	16 Cooking Day Grocery Shop Mystery Activity Lunch: Alfredo Pasta Side: Garlic Bread Dessert: Cookies	17 Museum Day Museum of Science & Industry Please pack a sack lunch Wear day program shirt!	18 The Big Top Movie Carnival Games Lunch with Friends Please pack a sack lunch	19 Philips Park Zoo Visit Animals Sunken Garden Mastadon Lake Please pack a sack lunch	20
21	22 Sing Out Loud Karaoke Window shop Fox Valley Mall Bring a sack lunch OR bring money for food court	23 Act of Kindness Firehouse Tour Baking Dog Treats Bring Treats to Firehouse Please pack a sack lunch	24 Lunch Out Morning Exercise Strip Mall Shopping Lunch: Burger King* Bring money for shopping	25 CYT--Peter Pan Watch Play Lunch: Culvers Please pack a sack lunch OR bring money for culver's Wear day program shirt!	26 Memorial Day BBQ Grocery Shop Grill at Village Green Park Lunch: Hotdogs, Chips & Fruit Dessert: Hazel Marie's Bring a drink for the cookout	27
28	29 Memorial Day No Day Program NWCSRA Office Closed	30 No Day Program	31 No Day Program	1 No Day Program	2 No Day Program	3
<p>Notes</p> <p>*Polka Dot Diner: Kids menu</p> <p>*El Burrito Loco Options: Choose from lunch combos</p> <p>*Burger King Options: Any items under \$11 including side and drink</p> <p style="text-align: center;">Please bring water and sunscreen everyday to program!</p>						