

# March 2023

Adults Living Large 1 - Romeoville

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 <b>Polar Bear Day</b> Craft Facts & Craft Polar Bear Movie <b>Please pack a sack lunch</b>	28 <b>Cooking Day</b> Trivia Grocery Shopping <b>Main:</b> Chili Mac <b>Side:</b> Cheesy Bread <b>Dessert:</b> Oreo Truffle	1 <b>Music &amp; Movement</b> Zumba Drumming Lunch with Friends <b>Please pack a sack lunch</b>	2 <b>Movie &amp; Muchies</b> Chair Yoga April Planning In-House Movie <b>Main:</b> Wings & Pizza Rolls <b>Side:</b> Chips & Popcorn	3 <b>Weather Day</b> Library Rainbow Craft Virtual Weather Field Trip <b>Lunch:</b> Windy City Grill*	4
5	6 <b>Flapjack Day</b> Grocery Shop Facts & Hangman <b>Lunch:</b> Pancakes <b>Sides:</b> Sausage & Fruit	7 <b>Game Day</b> Bingo Board Games DIY Board Game Board Game Pieces Shopping <b>Please pack a sack lunch</b>	8 <b>Workout Wednesday</b> Yoga Stretching Hopscotch <b>Please pack a sack lunch</b>	9 <b>Bowling Day</b> Wii Bowling Strike N Spare <b>Please pack a sack lunch</b>	10 <b>Mall Day</b> Shop Walk <b>Pack a sack lunch OR</b> <b>Bring money for lunch</b> <b>Bring money to shop!</b>	11
12	13 <b>Senses Day</b> Yoga Sensory Room Sensory Craft Make your own Smoothie <b>Please pack a sack lunch</b>	14 <b>Field Museum</b> Hall of Gems Fossil Skeleton: Sue Inside Anciet. Egypt <b>Please pack a sack lunch</b>	15 <b>Cooking Day</b> Walk Grocery Shopping <b>Main:</b> Mini Pizza <b>Side:</b> Salad <b>Dessert:</b> Ice Cream	16 <b>St. Patrick's Day</b> Craft Bingo Lunch with friends <b>Please pack a sack lunch</b>	17 <b>St. Patrick's Day</b> Grocery Shopping St. Patty's Day Bingo <b>Main:</b> Corned Beef <b>Side:</b> Mash Potatoes <b>Dessert:</b> Irish Soda Bread	18
19	20 <b>Art &amp; Acts of Kindness</b> Art Project Walk Park & Clean <b>Lunch:</b> Pop's	21 <b>Taco Tuesday</b> Craft Learn Spanish <b>Lunch:</b> El Barrio* <b>Bring money for dollar store</b>	22 <b>Lockport Museum</b> Visit Museum Outdoor Scavenger Hunt Walk Downtown Lockport <b>Lunch:</b> IHOP*	23 <b>Shrek the Musical</b> Drury Lane Theatre <b>Lunch:</b> Portillo's	24 <b>Botanical Garden</b> Botanical Garden Garfield Park Conservatory <b>Please pack a sack lunch</b>	25
26	27 <b>No Day Program</b>	28 <b>No Day Program</b>	29 <b>No Day Program</b>	30 <b>No Day Program</b>	31 <b>No Day Program</b>	1
		Notes <b>*Windy City Grill:</b> Kid's Menu <b>*El Barrio:</b> Steak, chicken, pork or ground beef tacos <b>*IHOP:</b> Kid's Menu				