July

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1	2
3	Swim Team (B)	4	5	 Lightning Softball w/ SEASPAR Region E Tennis Competition 	7 Junior Chefs Zumba Bowling Team Powerlifting	8Friday FriendsDinner & DessertSibshops	 Sat. Chill Chums Saturday Swim Golf Team-Cog Hill
10	Sport Sampler Swim Team (B)	 Spare Me Swim Lessons Swim Team (A) Region E Golf Skills Competition 	12 • Yoga	 Something Social Flag Football Team Golf Team- Mistwood Lightning Softball w/ SEASPAR 	14ZumbaBowling TeamPowerlifting	Friday FriendsHawaiian Luau	 Sat. Chill Chums Saturday Swim Movie Mania Parent Coffee Clutch Scuba Diving Golf Team-Cog Hill
17 •	Sport Sampler Swim Team (B) TR Section Softball Competition	 Spare Me Swim Lessons Swim Team (A) Region E Golf 3 & 6 Hole Competition 	19 • Yoga	 Virtual Museum & Zoo Tours Flag Football Team Golf Team-Mistwood Lightning Softball w/ SEASPAR 	 Junior Bakers Zumba Bowling Team Powerlifting 	Family BingoFriday Friends	 Sat. Chill Chums Saturday Swim Disney Night Golf Team-Cog Hill
24 • • 31 •	Sport Sampler Lunch Bunch Swim Team (B) Sport Sampler Swim Team (B)	 Spare Me Swim Lessons Swim Team (A) 	 Volleyball Team Region E Golf 9 Hole & Unified Competition 	 Virtual Museum & Zoo Tours Flag Football Team Golf Team-Mistwood Lightning Softball w/ SEASPAR 	 Junior Bakers Zumba Bowling Team Powerlifting 	Friday FriendsDinner & Dessert	30 Sat. Chill Chums Saturday Swim Joliet Slammers